

INFORMED CONSENT FOR IN-PERSON SERVICES DURING COVID-19 PUBLIC HEALTH CRISIS

This document contains important information about our decision (yours and mine) to resume in-person services in light of the COVID-19 public health crisis. Please read this carefully and let me know if you have any questions. When you sign this document, it will be an official agreement between us.

Decision to Meet Face-to-Face

We have agreed to meet in person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, I may require that we meet remotely via telehealth or phone (hence, telehealth). If you have concerns about telehealth, then we will talk about it first and try to address any issues. You understand that, if I believe it is necessary, I may determine that we meet via telehealth for everyone's well-being.

Risks of Opting for In-Person Services

You understand that by coming to the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation, cab, or ridesharing service.

Your Responsibility to Minimize Your Exposure

To obtain services in person, you agree to take certain precautions which will help keep *everyone* safer. If you do not adhere to these safeguards, it may result in our starting / returning to telehealth sessions.

Initial each to indicate that you understand and agree to these actions:

1. ___ You will take your temperature before coming to each appointment. If it is elevated (100 Fahrenheit or more), or if you have other symptoms of the coronavirus, you agree to cancel the appointment or proceed using telehealth. If you wish to cancel for this reason, I won't charge you our normal cancellation fee.
2. ___ You will only keep your in-person appointment if you are symptom free.
3. ___ You will wait in your car or in the outside vestibule of the building until I call you to come inside.
4. ___ You will wash your hands or use alcohol-based hand sanitizer when you enter the building.
5. ___ You will adhere to the safe distancing precautions we have set up in the waiting room and testing/therapy room. For example, you won't move chairs or sit where we have signs asking you not to sit.
6. ___ You will wear a mask in all areas of the office (I [and my staff] will too).
7. ___ You will keep a distance of 6 feet and there will be no physical contact (e.g. no shaking hands) with me or with staff.
8. ___ You will try not to touch your face or eyes with your hands. If you do, you will immediately wash or sanitize your hands.
9. ___ If you are bringing your child, you will make sure that your child follows all of these sanitation and distancing procedures. No supervision of your child will be provided by office staff, and so your child will have to sit with you during your appointment.
10. ___ You will take steps between appointments to minimize your exposure to COVID.

11. ___ If you have a job that exposes you to other people who are infected, you will immediately let me [and my staff] know.
12. ___ If your commute or other responsibilities or activities put you in close contact with others (beyond your family), you will let me [and my staff] know.
13. ___ If a resident of your home tests positive for the infection, you will immediately let me [and my staff] know and we will then [begin] resume treatment via telehealth.

I may change the above precautions if additional medical or governmental guidelines are published. If that happens, we will talk about any necessary changes.

My Commitment to Minimize Exposure

My practice has taken steps to reduce the risk of spreading the coronavirus within the office and we have posted our efforts on our website and in the office. Please let me know if you have questions about these efforts.

If You or I Are Sick

You understand that I am committed to keeping you, me, my staff and all of our families safe from the spread of this virus. If you show up for an appointment and I or my office staff believe that you have a fever or other symptoms, or believe you have been exposed, I will have to require you to leave the office immediately. We can follow up with services by telehealth as appropriate.

If I or my staff test positive for the coronavirus, I will notify you so that you can take appropriate precautions.

Your Confidentiality in the Case of Infection

If you have tested positive for the coronavirus, I may be required to notify local health authorities that you have been in the office. If I have to report this, I will only provide the minimum information necessary for their data collection and will not go into any details about the reason(s) for our visits. By signing this form, you are agreeing that I may do so without an additional signed release.

Informed Consent

This agreement supplements the general informed consent/business agreement that we agreed to at the start of our work together.

Your signature below shows that you agree to these terms and conditions.

Patient/Client

Date

Psychologist

Date