

MEDICAL SYMPTOM CHECKLIST

Name: _____ Date: _____

Please check YES if you have recently (i.e. in the past MONTH) been bothered by the listed problem.

YES	PROBLEM	YES	PROBLEM	YES	PROBLEM
—	frequent or severe headaches	—	grey or whitish stools	—	dislike criticism
—	neck pains	—	pain in rectum	—	angered easily
—	neck lumps or swelling	—	itching rectum	—	annoyed by little things
—	loss of balance	—	blood with stools	—	family problems
—	dizzy spells	—	frequent urination	—	problems at work
—	blackouts/fainting	—	involuntary escape of urine	—	sexual difficulties
—	blurry vision	—	burning on urination	—	change of sexual energy
—	eyesight worsening	—	brown black or bloody urine	—	considered suicide
—	see double	—	weak urine stream	—	sought psychiatric help
—	see halos or lights	—	difficulty starting urine	—	loss or gain in weight
—	eye pain or itching	—	constant urge to urinate	—	frequently feel warmer or colder than others
—	watering eyes	—	aching muscles or joints	—	loss of appetite
—	hearing difficulties	—	swollen joints	—	always hungry
—	earaches	—	back or shoulder pains	—	swelling in armpits or groin
—	discharge from ears	—	weakness in arms or legs	—	unusual fatigue or weakness
—	noises in ears	—	painful feet	—	difficulty sleeping
—	dental problems	—	trembling	—	fever or chills
—	sore or bleeding gums	—	numbness	—	motion sickness
—	sore tongue	—	leg cramps	—	excessive sweating
—	wheezing or gasping	—	skin problems	—	night sweats
—	frequent coughing	—	scalp problems	—	hot flashes
—	cough up phlegm	—	itching or burning skin	—	(MEN ONLY)
—	cough up blood	—	bruise easily	—	burning or discharge
—	chest colds	—	nervousness or anxiety	—	lumps or swelling on testicles
—	rapid or skipped heartbeats	—	nervous with strangers	—	painful testicles
—	chest pains	—	nail biting	—	(WOMEN ONLY)
—	shortness of breath with normal activity	—	difficulty making decisions	—	a missed period
—	swollen feet or ankles	—	lack of concentration	—	menstrual problems
—	recurring indigestion	—	absentminded/loss of memory	—	bleeding between periods
—	frequent belching	—	lonely or depressed	—	tension or pain before periods
—	nausea	—	frequent crying	—	heavy bleeding
—	vomiting	—	hopeless outlook	—	bearing down feeling
—	pain in abdomen	—	difficulty relaxing	—	vaginal discharge
—	bloated abdomen	—	worrying a lot	—	genital irritation
—	constipation	—	frightening dreams or thoughts	—	pain on intercourse
—	loose bowels	—	feeling of desperation	—	swelling or lumps in breasts
—	black stools	—	shy or sensitive	—	painful breasts

Comments or special problems:
